

SUNDAY READINGS & PRAYERS

LENT 1 (YEAR B)

COLLECT

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Gen 9.8–17

A reading from the book of Genesis.

God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

This is the Word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM

from Ps 25



℣. To you, O Lord, I lift up my soul.
(*All repeat*)



Show me your [|] ways, O Lord,
and teach [|] me your paths.
Lead me forth [|] in your truth,
for you are [|] God my saviour. ℣.

Good and righteous [|] is the Lord;
he brings back [|] those who stray.
He guides the meek [|] in his ways,
and shows his paths [|] to the lowly. ℣.

All his ways are mer-[|]cy and truth
for those who are faithful [|] to his word.
To those who love him, he re-[|]veals his mind,
and shows them [|] all his will. ℣.

SECOND READING

1 Pet 3.18–22

A reading from the first letter of Peter.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

This is the Word of the Lord.
Thanks be to God.

Praise to you, O Christ, King of eternal glory.

Man does not live by bread alone;
but by every word that comes from the mouth
of God.

Praise to you, O Christ, King of eternal glory.

The Lord be with you.

And also with you.

Hear the Gospel ✠ of our Lord Jesus Christ
according to Mark.

Glory to you, O Lord.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And when he came up out of the water, immediately he saw the heavens being torn open and the Spirit descending on him like a dove. And a voice came from heaven, “You are my beloved Son; with you I am well pleased.”

The Spirit immediately drove him out into the wilderness. And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, and saying, “The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.”

This is the Gospel of the Lord.

Praise to you, O Christ.

PRAYER OVER THE OFFERINGS

We pray you, almighty God, make us fit to offer these gifts, by which we celebrate the beginning of the holy season of Lent; through Christ our Lord. **Amen.**

POST-COMMUNION

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is

the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**