

SUNDAY READINGS & PRAYERS

TRINITY 12 (YEAR B) PROPER 15

COLLECT

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Pro 9.1–6

A reading from the book of Proverbs.

Wisdom has built her house; she has hewn her seven pillars. She has slaughtered her beasts; she has mixed her wine; she has also set her table. She has sent out her young women to call from the highest places in the town, “Whoever is simple, let him turn in here!” To him who lacks sense she says, “Come, eat of my bread and drink of the wine I have mixed. Leave your simple ways, and live, and walk in the way of insight.”

This is the Word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

from Ps 34



℟. Praise the Lord, who heals the broken-hearted. (*All repeat*)



Fear the Lord, you that | are his saints, for those who fear | him lack nothing. Strong lions suffer want | and go hungry, but those who seek the Lord | lack no blessing. ℟.

Come children and | hear my words; I will teach you the fear | of the Lord. Who among you | longs for life, and many days to en-|joy prosperity? ℟.

Then keep your | tongue from evil, and your lips from | lying words. Turn from evil | and do good; seek and strive | after peace. ℟.

SECOND READING

Eph 5.15–20

A reading from the letter of Paul to the Ephesians.

Look carefully how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.

This is the Word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Jn 6.56

Alleluia.

He who eats my flesh and drinks my blood: abides in me, and I in him.

Alleluia.

The Lord be with you.

And also with you.

Hear the Gospel ✠ of our Lord Jesus Christ
according to John.

Glory to you, O Lord.

Jesus said to the crowd:

“I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. And the bread that I will give for the life of the world is my flesh.”

The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate and died. Whoever feeds on this bread will live for ever.”

This is the Gospel of the Lord.

Praise to you, O Christ.

PRAYER OVER THE OFFERINGS

May the offering we make to you, Lord, be a source of holiness for us, and fill us with the grace it symbolises; through Christ our Lord.

Amen.

POST-COMMUNION

God of all mercy, in this eucharist you have set aside our sins and given us your healing; grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen.**